

# BRUSHES



## 10 Good Reasons To Start Dry Brushing Today!

1 Dull layers of skin are removed, improving your complexion

2 Stimulates and increases blood circulation

3 Eliminates toxins from the body, improving the functions of your internal organs

4 Reduces the appearance of cellulite

5 Leaves your skin feeling and looking younger

6 Soothes and massages sore muscles

7 Gives your energy levels a boost

8 Leaves your skin glowing

9 Assists with the distribution of fat deposits

10 Overall health will improve, leaving you feeling great!

